

Support Groups Educational Programs Conferences

october 2009

s	m	t	w	t	f	s
				1	2	3
4	5	6 MULTIPLE SCLEROSIS 2 pm (TNRC)	7 DANIEL AMEN Three Rivers Convention Center TNRC Office Closed	8 PARKINSON'S 1:30 pm (TNRC)	9	10
11	12 TONY ATTWOOD Three Rivers Convention Center TNRC Office Closed	13	14 SPINAL DISORDERS 5-6 PM (TNRC)	15 ALZHEIMER'S 5:30-7 pm (Callaway) LYME DISEASE 5 pm (TNRC)	16 CHRONIC PAIN 1 pm (TNRC)	17 POST POLIO 1 pm (TNRC)
18	19 CAREGIVERS 2 pm (Canyon Lakes)	20 CAREGIVERS 1 pm (TNRC)	21 STROKE 2 - 3 pm (TNRC)	22	23	24
25	26 CAREGIVERS (For Men Only) 12:30 pm (Callaway Gardens) MULTIPLE SCLEROSIS 6:30 pm (Mid Columbia)	27	28 ALS 6 - 7:30 pm (TNRC)	29	30	31

Additional information & locations listed below

ALZHEIMER'S * *Light Meal Served*
THURS, October 15 from 5:30 - 7 pm
Location: Callaway Gardens
5505 West Skagit Court, Kennewick

AMYOTROPHIC LATERAL SCLEROSIS (ALS)
WED, October 28 from 6 - 7:30 pm
Location: TNRC
Co-Sponsored with the ALS Association
Evergreen Chapter

CAREGIVERS
MON, October 19 at 2 pm
Location: Manor at Canyon Lakes
East Wing, 2802 W 35th Ave, Kennewick

CAREGIVERS
TUES, October 20 at 1 pm
Location: TNRC

CAREGIVERS (For Men Only)
* *Light Meal Served*
MON, October 26 at 12:30 pm
Location: Callaway Gardens
5505 W Skagit Ct, Kennewick

CHRONIC FATIGUE IMMUNE DEFICIENCY SYNDROME / FIBROMYALGIA
Not meeting in October.

CHRONIC PAIN
FRI, October 16 at 1 pm
Location: TNRC

LYME DISEASE
THURS, October 15 at 5 pm
Location: TNRC

MULTIPLE SCLEROSIS
TUES, October 6 at 2 pm
Location: TNRC
Co-Sponsored by the National MS Society

MULTIPLE SCLEROSIS
MON, October 26 at 6:30 pm
Location: Mid-Columbia Library
1620 S Union Street, Kennewick
Co-Sponsored by the National MS Society

PARKINSON'S
THURS, October 8 at 1:30 pm
Location: TNRC
We will be watching a video entitled:
Your PD Medications: 10 Things You Should Know and Do
by Dr. Steve Setter, a Geriatric Pharmacist.

POST POLIO
SAT, October 17 at 1:00 pm
Location: TNRC

NEW
SPINAL DISORDERS SUPPORT GROUP
Wednesday, October 14th, 5-6 pm
Location: TNRC
Group open to anyone affected by MS, spinal cord injury, paralysis, etc. Caregivers also welcome to group.

STROKE
WED, October 21, from 2 - 3 pm
Location: TNRC

TRAUMATIC BRAIN INJURY
Not meeting in October.

We'd like to thank Alexandra Olson for her many years of service to our Alzheimer's and Traumatic Brain Injury Support Groups.