

October 7, 2009

8:30 AM - 12:30 PM
and 6:00 PM - 8:00 PM

Two sessions

“Healthy Brain, Healthy Life: Making a Good Brain Great”

8:30am-12:30pm Registration fee \$50

The brain is involved with everything you do. How you think, feel, act, and how well you get along with other people is intimately tied to how well your brain functions. When your brain works right, you can work right. Learn how to keep your brain in top shape so you can be your very best.

- Dr. Amen will give 9 principles to show how brain science is practical to all aspects of your life.
- Dr. Amen will show how, day-in and day-out, we do things that either help or hurt our brains, illustrated by case histories and actual brain images.
- You will learn specific exercises to stop hurting and start healing your brain.
- Dr. Amen will outline a 7-step program to achieve the best possible brain function for yourself and those you love.

“Healthy Brain, Healthy Life: Creating Brain Healthy Families”

6:00pm-8:00pm Registration fee \$20

In this fun, fast-paced program, Dr. Amen will show how to optimize your brain and your family's brains to achieve a better life. This lecture is divided in two parts: 9 principles to show how brain science is practical to all aspects of your life and a 10-step program to achieve your best brain possible, including how to prevent brain injuries.

DANIEL AMEN, MD

Healthy Brain, Healthy Life

TWO
SESSIONS



Three Rivers
Convention Center
7016 W. Grandridge Blvd.,
Kennewick, WA 99336



This is a United Way
Community Solutions funded
program.

For more information
and to register, contact
The Neurological Resource Center
at 509.943.8455

tnrc
The
Neurological
Resource
Center

**Yes, I will be attending:
Dr. Amen's Presentation**

To register for the presentation go online to:
www.NeurologicalResource.org

Or follow these easy steps:

1. Complete the below registration, and...
2. Make your check payable to **TNRC**, and...
3. Send both the registration form and check back to us.
 - 8:30 am - 12:30 PM: Healthy Brain, Healthy Life: Making a Good Brain Great
Registration fee \$50
 - 6:00 pm - 8:00 PM: Healthy Brain, Healthy Life: Creating Brain Healthy Families
Registration fee \$20
 - Both sessions: Registration fee \$70
 - Scholarships available based on income and need. Scholarship request enclosed.

Name: _____

Day Phone: () _____

Fax: () _____

Address: _____

City: _____

State: _____

Zip Code: _____

Email Address: _____

About Dr. Amen

Daniel Amen, M.D. is an Adolescent and Adult Psychiatrist who is Board Certified by the American Board of Psychiatry and Neurology. He helped pioneer the use of brain SPECT imaging in psychiatry. He trained at Walter Reed Medical Center in Washington, DC. He is an Assistant Clinical Professor of Psychiatry and Human Behavior UC, Irvine, School of Medicine where he teaches medical students and psychiatric residents about using brain imaging in clinical practice.

He is a Distinguished Fellow of the American Psychiatric Association and Award Winning Researcher, Writer and Teacher. He is CEO and Medical Director of Amen Clinics, Inc. (ACI) in Newport Beach and Fairfield, California, Tacoma, Washington and Reston, Virginia.

Amen Clinics, Inc. is the world leader in applying brain imaging science to clinical practice. ACI has the world's largest database of functional brain scans related to psychiatric medicine, now totaling nearly 50,000 scans, and the clinics have seen patients from 75 countries.

Dr. Amen is the author of 35 professional articles, four book chapters and 22 books, including the New York Times bestsellers, "Change Your Brain, Change Your Life" and "Magnificent Mind at Any Age". He is also the author of "Healing ADD", "Healing the Hardware of the Soul", "Making a Good Brain Great", "Sex on the Brain", and the co-author of "Healing Anxiety and Depression" and "Preventing Alzheimer's".

He has also written and produced two recent blockbuster fundraising shows for public television, raising more than 12 million dollars. Dr. Amen, together with The United Paramount Network and Leeza Gibbons, produced a show called, "The Truth about Drinking", on alcohol education for teenagers, which won an Emmy Award for the Best Educational Television Show.

Dr. Amen, together with his son-in-law, Jesse Payne, has developed a 12-week high school course on practical neuroscience called "Making a Good Brain Great". The course is now being taught in 34 states and seven countries.

A small sample of the organizations Dr. Amen has spoken for include: the National Security Agency (NSA), the National Science Foundation (NSF), Harvard's Learning and the Brain Conference, and the Supreme Courts of Delaware, Ohio and Wyoming. Dr. Amen has been featured in Parade Magazine, the New York Times Magazine, Newsweek, Men's Health and Cosmopolitan. He is on the editorial board of Men's Health Magazine.

Dr. Amen is married, father of four children, and an avid table tennis player.

Make checks payable to: TNRC
Mail form and payment to:
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